

# Independence School District

## COVID-19 Illness Guidelines

### Students/Staff Presenting with Illness at School/Work

- If any students or staff present signs of illness such as fever (100 degrees or greater), cough, shortness of breath, difficulty breathing, sore throat, chills, muscle pain, they will be sent to the school nurse. Combined COVID-19, Flu A & B testing will be available in all schools if staff or students with parental consent wish to test.

### Illness Protocol for Returning to School/Work

In order to control communicable disease, students or staff may return when they are feeling healthy enough for route activities and:

- Fever free without fever reducing medication
- Diarrhea has stopped
- Vomiting has stopped
- Coughing subsides or is well-controlled with medication

### Students/Staff Testing Positive for COVID

**If a student or staff member tests positive for COVID-19**, the student or staff member should not return to school/work until they speak with the school nurse. The nurse can approve students/staff to return if:

- 5 days have passed since the first symptom appeared AND
- The student/staff member should also be fever-free for 24 hours without the use of fever-reducing medications. Symptoms should also be improving and the student/staff member should continue to wear a mask around others for 5 additional days

